# MEDICAL PROVIDER NETWORK (MPN): EXPLANATION

All CSRMA workers' compensation pool members have the option to use the Athens MPN / Anthem Medical Provider Network (MPN) to provide treatment to employees with a work-related injury or illness.

## What is the Medical Provider Network (MPN)?

The MPN is a group of health care providers (physicians and other types of medical service providers) that the CSRMA Agencies use to treat employees injured on the job. The MPN includes a mix of doctors specializing in work-related injuries and doctors with expertise in general areas of medicine. The MPN must comply with all regulations according to the State of California Division of Workers' Compensation.

## Is my Agency utilizing the MPN Network?

If you are unsure simply contact Heather Truro, CSRMA WC/Return to Work Advisor at <u>htruro@gmail.com</u> or (925)922-0305. If your Agency has decided to utilize the MPN then the DWC-7 poster (In your Posting Notices) should be updated to reflect the MPN information. For more detailed instruction on the MPN Notification process, see the **Notification Requirements** section immediately following this page.

## Why should my Agency utilize the MPN?

If your Agency utilizes the MPN then you, the employer, can direct medical treatment for the life of the workers' compensation claim. This is a method allowed by legislation to improve medical outcomes and decrease workers' compensation costs. For more detailed instruction on the MPN notification process, see the **Notification Requirements** section immediately following this page.

## How does the MPN work?

If an employee gets injured on the job, their Agency will send them to see a doctor in the MPN for initial treatment. After the first visit, the employee can choose to continue to be treated by this doctor or select another doctor from within the MPN. There are physicians and medical clinics located throughout the state of California.

## What if the injured employee disagrees with their MPN doctor?

If the injured employee disagrees with the diagnosis or the treatment prescribed by their doctor, they are entitled to ask for a second opinion from another doctor within the MPN. If there is still a disagreement, the employee may choose to have a third opinion. If, after the third opinion, the employee still disagrees with their doctor, they can request an Independent Medical Review, which would be done by a doctor outside the MPN. Any opinions or reviews would be coordinated through the MPN Contact.

#### Who is the MPN Contact?

The MPN Contact is a resource to provide answers to any questions or to provide assistance as needed:

MPN Administrator	Liason:	Medical Access Assistance:
PO Box 696	Leann Farlander	AthensMAA@anthemwc.com
Concord, CA 94522-0696	Phone: (866) 482-3535	Phone: 844-752-1142
Phone: (866) 482-3535		Fax: 855-279-2515

#### **Athens Medical Provider Network**

#### How can I learn more about the MPN process?

- One-on-one training by request is offered by Heather Truro, CSRMA WC/ Return to Work Advisor: htruro@gmail.com, (925) 922-0305
- Medical Access Assistant (see contact information above)